



# • NORTH PLATTE •

## SATURDAY, MAY 4, 2024

For kids 8-13 years old  
As of December 31, 2024



- **TIME:** 11am – (field events will be first, with track events to follow.)
- **REGISTRATION INFORMATION:** This event is free, however participants need to **pre-register by completing the form below by Wednesday April 24th.** Please deliver or mail the registration form and birth certificate to: North Platte Recreation Department, 1300 So McDonald Rd. North Platte Ne. 69101. Call 308-535-6772 for more information.
- **MEET LOCATION:** North Platte Senior High 1000 West 2nd Street North Platte, Ne.
- **AWARDS:** Ribbons will be awarded to the top four finishers in each event.
- **CHAMPIONSHIP MEET:** 1<sup>st</sup>-4<sup>nd</sup> place finishers from each local meet will advance to compete at the Central Nebraska Youth Track & Field Meet Championships. The Championship will rotate amongst the five cities from year to year. The 2024 Championship Meet will be held in North Platte on Saturday, June 8th.
- **COORDINATION:** This event is coordinated by the City of North Platte Recreation Department.
- **LOCAL MEET WEBSITES:** Visit [www.ci.north-platte.ne.us](http://www.ci.north-platte.ne.us), [www.grand-island.com](http://www.grand-island.com), [www.cityofkearney.org](http://www.cityofkearney.org), [www.cityofyork.net](http://www.cityofyork.net) and [www.cityofhastings.org](http://www.cityofhastings.org), for information regarding other Central Youth Track & Field Nebraska Meets.

**A RECREATIONAL TRACK & FIELD MEET FOR KIDS FROM CENTRAL NEBRASKA!**

*Cut here and save top portion for your information.*

## 2024 Central Nebraska Youth Track & Field Meet North Platte Entry Form

For Office Use Only:	
Please check age and gender with Birth Certificate.	
<input type="checkbox"/> Age	<input type="checkbox"/> Gender

**PLEASE PRINT CLEARLY (This form and waiver on back must be entirely completed to be eligible)**

NAME (Last)	(First)	(Middle Initial)	Boy	Girl
ADDRESS (Street)	(City)			(Zip Code)
Day Phone Number	Date of Birth	Age as of 12/31/24	School Currently Attending	

**IMPORTANT** – Participants can enter up to four events using either of the following combinations: **two (2) dash/run events, one (1) track relay and one (1) field event, OR one (1) dash/run event, one (1) track relay and two (2) field events.** Please circle the events you wish to participate under the correct age group. Relay team members do not have to be in the same age group but will compete in the division of the oldest person. Relay teams must be of the same gender.

**Register according to your age as of December 31, 2024**

- |   |   |  |
|---|---|--|
| <p><b>8-9 year olds</b><br/><b><u>(DOB 2016-2015)</u></b></p> <ol style="list-style-type: none"> <li>50 Meter Dash</li> <li>100 Meter Dash</li> <li>200 Meter Dash</li> <li>400 Meter Dash</li> <li>*4x100 Meter Relay</li> <li>*800 Medley Relay (100m, 100m, 200m, 400m)</li> <li>Standing Long Jump (Field)</li> <li>Softball Throw (Field)</li> </ol> | <p><b>10-11 year olds</b><br/><b><u>(DOB 2014-2013)</u></b></p> <ol style="list-style-type: none"> <li>100 Meter Dash</li> <li>200 Meter Dash</li> <li>400 Meter Dash</li> <li>800 Meter Run</li> <li>*4x100 Meter Relay</li> <li>*800 Medley Relay (100m, 100m, 200m, 400m)</li> <li>Standing Long Jump (Field)</li> <li>Softball Throw (Field)</li> </ol> | <p><b>12-13 year olds</b><br/><b><u>(DOB 2012-2011)</u></b></p> <ol style="list-style-type: none"> <li>100 Meter Dash</li> <li>200 Meter Dash</li> <li>800 Meter Run</li> <li>1600 Meter Run</li> <li>*4x100 Meter Relay</li> <li>*800 Medley Relay (100m, 100m, 200m, 400m)</li> <li>Running Long Jump (Field)</li> <li>Softball Throw (Field)</li> </ol> |
|---|---|--|


\* **Relay Team**–List names of your team. Must have four entrants. Must register by oldest member of the team.

1. _____	3. _____
2. _____	4. _____

**Please complete waiver on the back of this form.**

**ORDER OF EVENTS:**

- |   |   |
|---|---|
| 1. *SOFTBALL THROW<br>Girls & Boys 12-13, 8-9             | 5. 50 METER DASH<br>Girls & Boys 8-9                    |
| *STANDING LONG JUMP<br>Girls & Boys 10-11                 | 6. 100 METER DASH<br>Girls & Boys 10-11, 12-13, 8-9     |
| 2. *STANDING/RUNNING LONG JUMP<br>Girls & Boys 12-13, 8-9 | 7. 800 METER RUN<br>Girls & Boys 10-11, 12-13           |
| *SOFTBALL THROW<br>Girls & Boys 10-11                     | 8. 200 METER DASH<br>Girls & Boys 10-11, 12-13, 8-9     |
| 3. 1600 METER RUN<br>Girls & Boys 12-13                   | 9. 800 MEDLEY RELAY<br>Girls & Boys 10-11, 12-13, 8-9   |
| 4. 400 METER DASH<br>Girls & Boys 8-9, 10-11              | 10. 4X100 METER RELAY<br>Girls & Boys 10-11, 12-13, 8-9 |

 In case of bad weather,  
please call  
535-6772  
to hear postponement or  
cancellation information.

\*The softball and long jump events should be completed by approx. 11:00 a.m.

**REGULATIONS:**

- All participants must compete in their correct age group and gender division.
- Use of track shoes with or without spikes is not permitted. Turf shoes with rubber cleats are also not permitted. Rubber-soled shoes are allowed. No starting blocks will be used. Relay batons will be provided.
- Competitors may only participate in one local qualifying meet (Grand Island, Hastings, Kearney, North Platte and York).



## 2024 Waiver Release Form

Emergency Information:

\_\_\_\_\_  
Name of Parent or Guardian

\_\_\_\_\_  
Phone #

The named participant and the participant's parent/guardian have requested registration of the participant in the Central Nebraska Youth Track & Field Meet. In consideration of such registration, the right of the participant to compete in the Central Nebraska Youth Track & Field Meet and the use by the participant of the sponsoring agency's facilities and equipment, both participant and the parent /guardian each acknowledge that the participant will be competing in the Central Nebraska Youth Track & Field Meet and sponsoring agency's facilities at the participant's sole risk and the participant on his or her own behalf and on behalf of his or her heirs executors, administrators and assigns hereby release, discharge and agree to hold harmless the City of Kearney, City of Grand Island, City of Hastings, City of York, City of North Platte. We also agree to allow the Recreation Departments to use and reproduce the participant's name and/or likeness and/or information concerning the participant and to circulate the same for any and all purposes in any manner. We certify that the information on this participation form is correct.

\_\_\_\_\_  
Signature of Parent or Guardian

**IMPORTANT**

**\*\*In order for the participant to be officially registered, the entry form must be completely entirely, the waiver must be signed by a parent or guardian, by 6:00pm Wednesday, April 24th**