



5K Registration- APRIL 4, 2020- 5PM – platteriverfitness.com

date and time:	April 4, 2020 4PM – Day of registration 5PM - 5K run/walk 5:45PM - Villain Chase (1-mile fun run) - registration form found on back 6PM - Free Hotdogs
location:	Iron Horse Park - south of the I-80 interchange 5K circles around the lake 3 times. 1-mile run circles around the lake once.
pre-race registration:	Online at platteriverfitness.com or at the REC Center
costs:	5K - \$25 (includes race t-shirt) Villain Chase (1 mile) - \$5 (does not include t-shirt) Extra race T-shirts - \$15 First 30 children registered will receive a Free Superhero Cape Sponsored by: First Nationals Bank.
mail registration form and make checks payable to :	Lincoln County CASA PO Box 1604, North Platte, NE 69103
awards:	Race: New running shoes provided by Brown Shoe Fit to First Overall Male and Female. Medals to the top 3 runners of each age group (male and female). Costume Contest: Various prizes donated by local businesses for Best Male, Female, Boy, Girl, and Group.
post-race:	After the race, join us for free hotdogs.

In consideration of you accepting this entry, I for myself, my heirs, executors and administrators do hereby discharge Lincoln County CASA, the race organizer, any and all sponsors and sanctioners of the race for all injuries and losses suffered by me as a result of competing in or attending said event. I allow photos and video of my participation to be used in the promotion of the race or Lincoln County CASA.

--	--

LAST NAME

FIRST NAME

--	--

NUMBER AND STREET

--	--	--

CITY

STATE

ZIP CODE

--	--

PHONE

EMAIL ADDRESS

		YS	YM	YL	S	M	L	XL	XXL	XXXL	I do not wish to have a shirt, please allow my whole donation to go to Lincoln County CASA.
--	--	----	----	----	---	---	---	----	-----	------	---

GENDER

AGE

SHIRT SIZE PLEASE CHECK ONE (ADD \$2 OVER SIZE XL)

--

SIGNATURE

--

PARENT SIGNATURE (IF UNDER 18 YEARS OF AGE)